

FRAGILE X SOCIETY-INDIA

# A quick start guide for FRAGILE X SYNDROME

# STRENGTHS OF FRAGILE X SYNDROME



### **Excellent visual memory**

Keep all learning as visual as possible. Use visual timers, visual schedules, sight reading and visual based educational programs.

## **Imitation skills**

Children with Fragile X Syndrome are excellent imitators. Use this trait to teach and reinforce routines, ADL skills and academics.



### Excellent long term memory

Very often children with Fragile X Syndrome demonstrate information that has not been taught. Truth is that they have an excellent memory and are learning more than you teach them.

### Excellent sense of humour

Children with Fragile X Syndrome are humorous. Their one liners can brighten up your day.





### Enjoy social interaction

Give them enough opportunities for interaction with peers and adults. They learn a lot indirectly by watching others.

Initiate interaction with a simple high five and you will surely get a response. Asking them "how are you" might trigger their anxiety.