

Caregiver Emergency Guide

A collection of charts to be filled by parents during emergencies

Once filled, these charts can be handed over to other caregivers of your child. This will enable a smoother experience for the caregiver in your absence.

Name of the Child -

Date of Birth –

Future Planning Documents

Are these ready? - Tick (✓) accordingly

Documents	Completed	Applied For	Remarks
Disability Certificate			
UDID			
Legal Guardianship Certificate			
Letter of Intent			
Will			
Trust			

Family Information

Contact Details -

Members	Name	Phone	Email ID	Other Information
Father				
Mother				
Sibling 1				
Sibling 2				
Grandparents				
Emergency Contact 1				
Emergency Contact 2				

List of important NGOs, School or Therapists that the child visits

Name	Phone	Address	Other information/instructions

Medical Information

Disability	
Blood Group	
Comorbidities	
Therapies	
Allergies	

Doctor Contact Information

Name	Phone No.	Other details

Medicine Chart

Medicine Name	Quantity	Time	Consulted Doctor	Specific Details

Assistive Devices

(Example: Wheelchair, etc.)

Devices	Specific Instructions

Communication

Preferred Language	
Verbal/Non-verbal	
Communication Devices <i>(Example: visual cards)</i>	

Key Communication Words

List words that your child is familiar with and what they particularly mean to her/him

Words	Child's interpretation/purpose

Preferred Food Options

Breakfast <i>Time: _____</i>	Lunch <i>Time: _____</i>	Evening Snacks <i>Time: _____</i>	Dinner <i>Time: _____</i>

Daily Schedule

Time	Activity	Child's Independent / partially dependent / completely dependent	Specific instructions

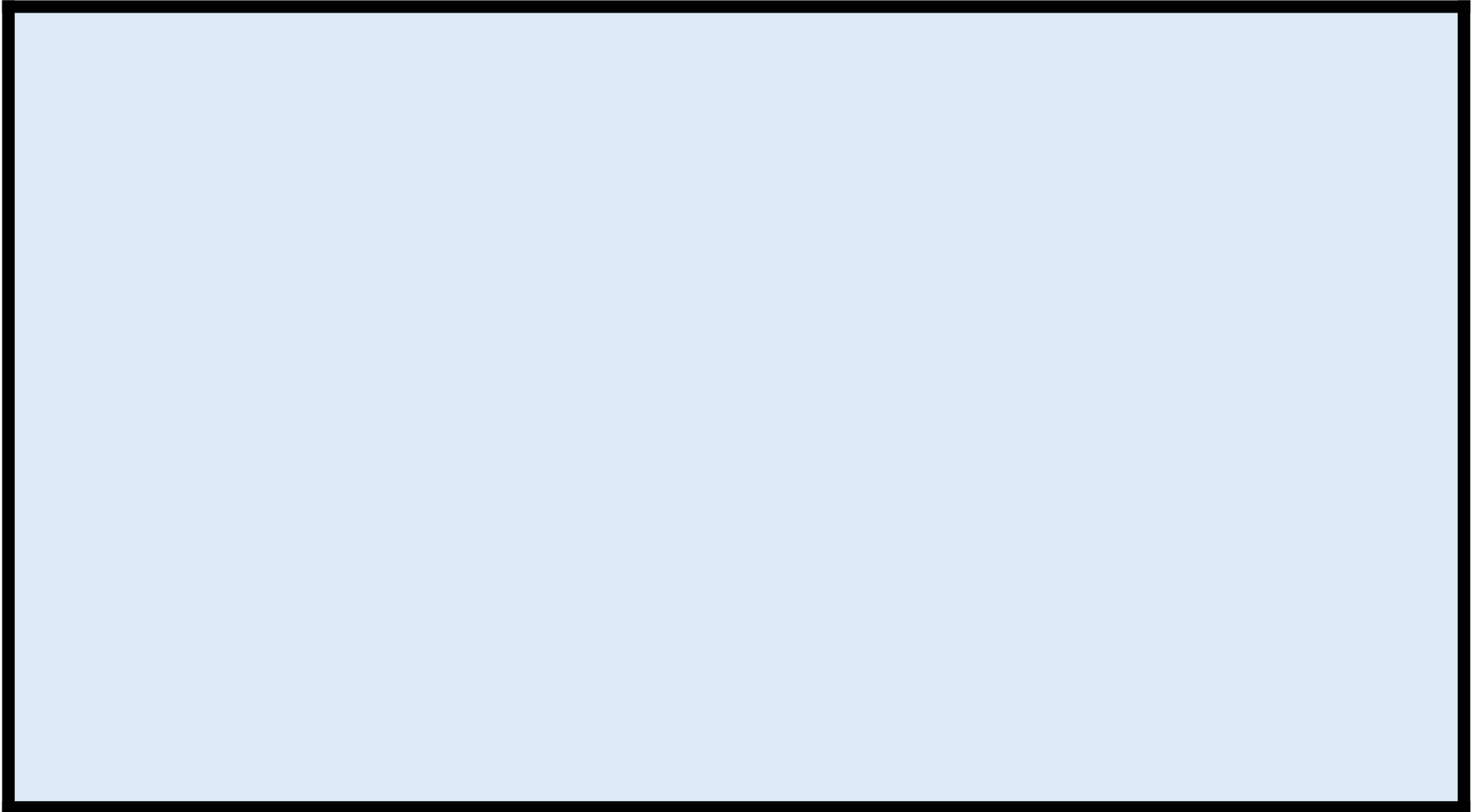
Activities Chart

Fears	Activities that trigger Anxiety	Calming Activities	Favourite Books/Movies

Clothing Schedule

Time	Description	Specific Instruction

Caregiver's Personal Note



Partner Organisations



A.L.A.P



APPROACH



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