

HAVE YOU HEARD ABOUT ABA?

WHAT IS ABA?



Applied Behavior Analysis is a science devoted to the understanding and improvement of behavior, particularly socially behavior which improves the overall quality of life of the individual.



ABA TECHNIQUES ARE APPLIED IN TEACHING:

COMMUNICATION AND LANGUAGE SKILLS



SOCIAL SKILLS



PLAY SKILLS



ACADEMIC SKILLS



ACTIVITIES OF DAILY LIVING



REDUCING CHALLENGING BEHAVIOR AND TEACHING ALTERNATE BEHAVIOR



IMPORTANT THINGS TO REMEMBER ABOUT ABA!

✓ IT IS A STEP-BY-STEP APPROACH

ABA strategy breaks a skill into achievable goals/steps making it an effective method to learn any required skill.



✓ CUSTOMIZED

The plan is customized to each child's needs



✓ INTENSITY

Works to shape socially appropriate behaviors while removing focus on disruptive behaviors.



✓ MEASURABLE GOALS

Progress can be monitored closely with regular target setting based on observations.



✓ ADAPTABILITY

Consistency & intensity of therapy will ensure teaching of a variety of skills in different contexts and settings maybe generalized to any situation the child may encounter.



WHAT QUALIFICATIONS SHOULD AN ABA THERAPIST HAVE?

- Board Certified Behavior Analyst – **BCBA**
- Board Certified Assistant Behavior Analysts - **BCaBA**
- Board Certified Behavior Analyst—Doctoral- **BCBA-D**



ABA focuses on teaching, mastering and generalizing a skill in its natural setting. **The success of therapy is determined by how effectively the skill is applied by the child in their natural setting.**

REMEMBER!

EARLY INTERVENTION IS THE KEY!

ABA therapy should only be administered and planned by those qualified to do so.



An Information Resource for Intellectual & Developmental Disabilities