

INFORM

CONNECT

EMPOWER



NAYI DISHA RESOURCE CENTRE

ANNUAL REPORT
2018-2019



Helping children with intellectual and developmental disabilities attain their true potential by empowering their families



Director's Message

2018-2019 has been a year of learning. We learnt that while resources are important for our families, it is equally important to build communities for continued support. We learnt that while we build communities, it is also important to sensitize everyone around us and champion for inclusion in education, employment and all walks of life to create a truly inclusive society. We have learned that there are amazing individuals and organizations who share the same dream of inclusion and we all need to work together to realize it into reality.

We had more than **45,000** people, mostly family members visit our platform to search and find information to help their child. We have a strong and evergrowing community of **4550** families, doctors, therapists, educators and organisations. Our services directory has expanded nationwide spanning several cities including Bangalore, Dehradun, Indore, Mumbai, Pune and many more. We have published incredible information resources this year. We partnered with several organizations this year including **NIEPID** to conduct information-booths and workshops. We have been fortunate to have experts like **Dr. Ajay Sharma** and **Dr. Ram Kairam** as our advisors and perhaps one of the best moments this year was when **Jo Chopra**, Executive Director for Latika Roy Foundation joined the board. Our board is supportive, our team is passionate and hard-working, our amazing parent champions inspire us every day and continue to pave the way forward. Our most popular initiatives - **Abhivyakti**, **Aao Khelein**, and **Sakhiyaan** would not have been possible without the dedication and hard work of our "braveheart" team of mothers who volunteer despite everyday challenges. On behalf of this team, I received the **India Inclusion Fellowship** and **Orange Flower Social Impact Entrepreneur Award**.

We are excited about the coming year. Our goal over the next couple of years is to empower underserved families in smaller towns. We plan to address the information needs of non-English speaking families in smaller towns across the country, through our vigorous initiative for translation of information resources in Hindi and **Telugu** for wider outreach. We plan to develop a mobile-application to reach those families who have limited access to information available on the internet in small towns and Tier 3 cities.

We are thankful to each and every one of you who advised us, mentored us, volunteered and supported the cause. And most of all, we are thankful to our ever-growing parent community which continues to support us at every step and teach us the true meaning of resilience and grit! While there are a lot more connections to be fostered, bridges to be built, myths to be dispelled and awareness to be raised on intellectual and developmental disabilities, Nayi Disha's goal will be realized if we all join hands and come together as a truly inclusive and informed community." We welcome you to join us on this incredible journey of inclusion!



Prachi Deo

Founder & Executive Director,
Nayi Disha Resource Centre

The world needs dreamers and the world needs doers but above all, world needs dreamers who do.

~Sara Ban Breatfinachi

What is Nayi Disha Resource Centre?

Nayi Disha Resource Centre educates, supports and empowers families touched by Intellectual and Developmental Disabilities (IDD) such as Autism, Down's Syndrome, Cerebral Palsy and global developmental delay. We have created a web-enabled and mobile-accessible service platform that brings various stakeholders together.



Vision

To empower and equip families of people with intellectual and development disabilities with information and knowledge to support their children in achieving their true potential.

Mission

To provide verified and quality information in an easily accessible manner, build a supportive ecosystem of service providers, non-governmental organizations, and other families and to form a strong community of families

Where we are today?

Information Resources

- **300+** published articles
- **20** in Hindi & Telugu
- **57** Parent blogs

Online Support Group

- **9** support groups
- **1070** members

Awareness sessions/Information Booth

- **6** sessions at NIEPID, hospitals etc
- **300** families reached
- **400+** prints distributed

Health Camps

- Neurological assessment camp
- **22** families consulted
- Down syndrome health camp
- **11** specialists
- **38** families counselled

National Service Directory

- **1050+** providers registered
- across **63** cities

Parent Empowerment Workshops

- **14** workshops with experts
- **539** parents attended

Sakhiyaan - parent support group meets

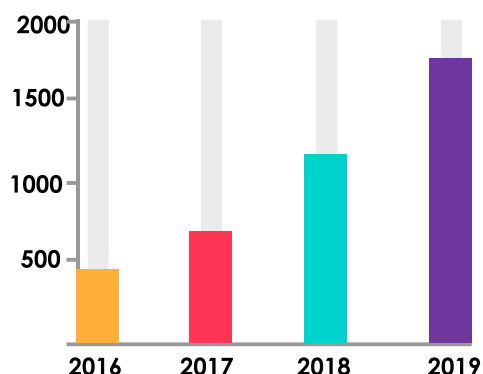
- **5** sakhiyaan meets conducted
- **50** mothers participated

Family Events

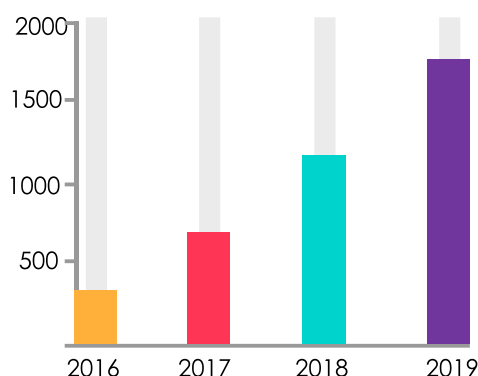
- Sports meet Aao Khelein
- Abhivyakti (March 2018))

Data and statistics

Trend of members on parent support group.



Trend on parent registrations on the website

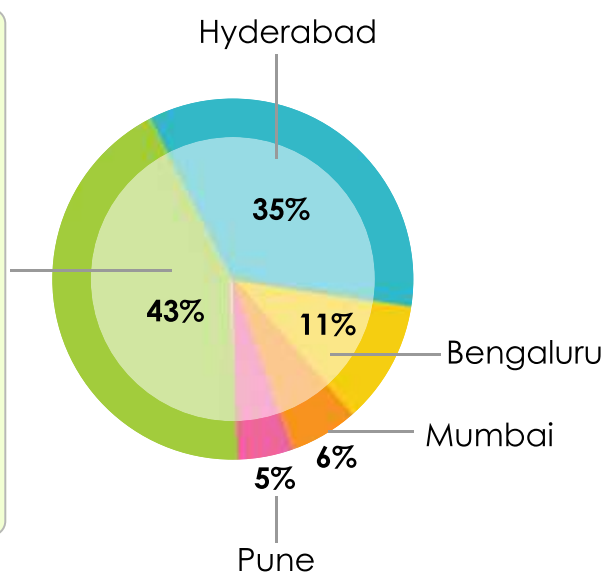


45,000
people visited
the website to
find information

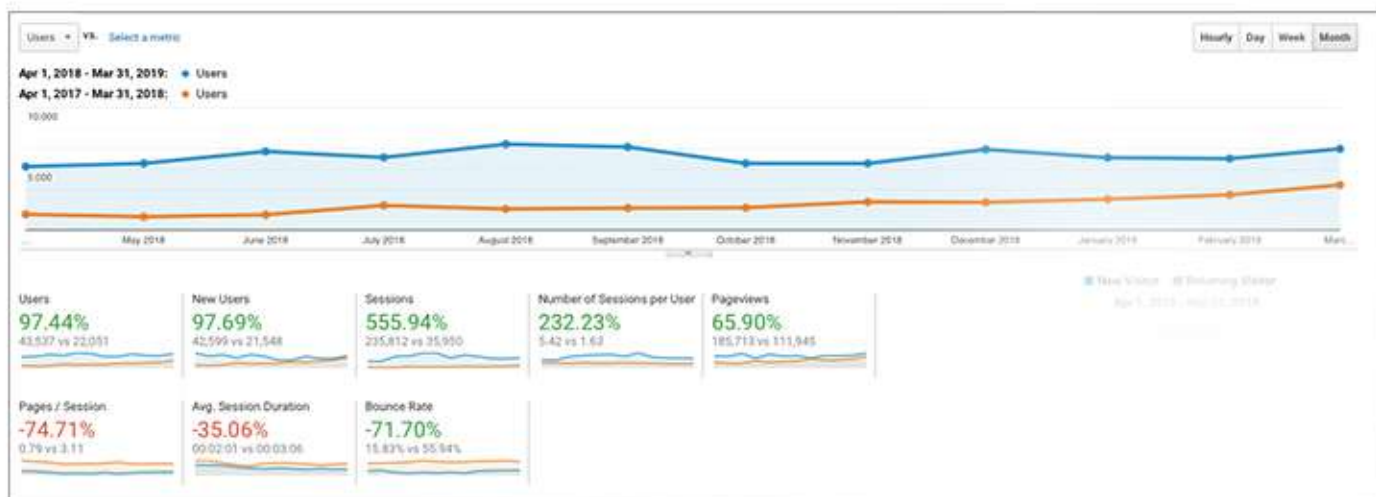
An ecosystem
of **4550**
families and
providers

3500
families reached
through our
services

| | |
|------------|---------------|
| Chandigarh | Vijayawada |
| Kolkata | Bhubaneswar |
| Lucknow | Dubai |
| Noida | Mysuru |
| Jaipur | Ludhiana |
| Agra | Visakhapatnam |
| Patna | Secunderabad |
| Ahmedabad | Chennai |
| Indore | New Delhi |
| Guwahati | Kochi |



Website analytics



Information Resources

Information resources have been created or curated through interactions with relevant medical experts in the field.

Users can search by topic, find related articles and also find some of the content in Regional Language –Telugu and Hindi.

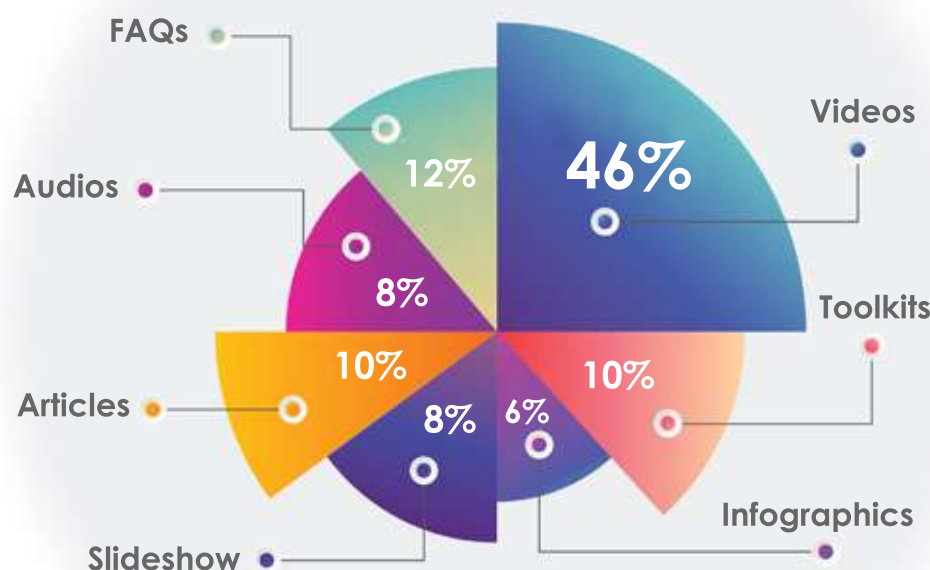


300
published
articles

500
prints
distributed

The information ranges from child development milestones to therapies and is available across life-stages of the child. The resources are created in an engaging fashion in form of infographics, slideshows, booklets, podcasts and video. We run weekly themes and information specific to the theme is disseminated across our support groups, Facebook and other social media. It is not surprising that parents and organisations across the country are associating with us.

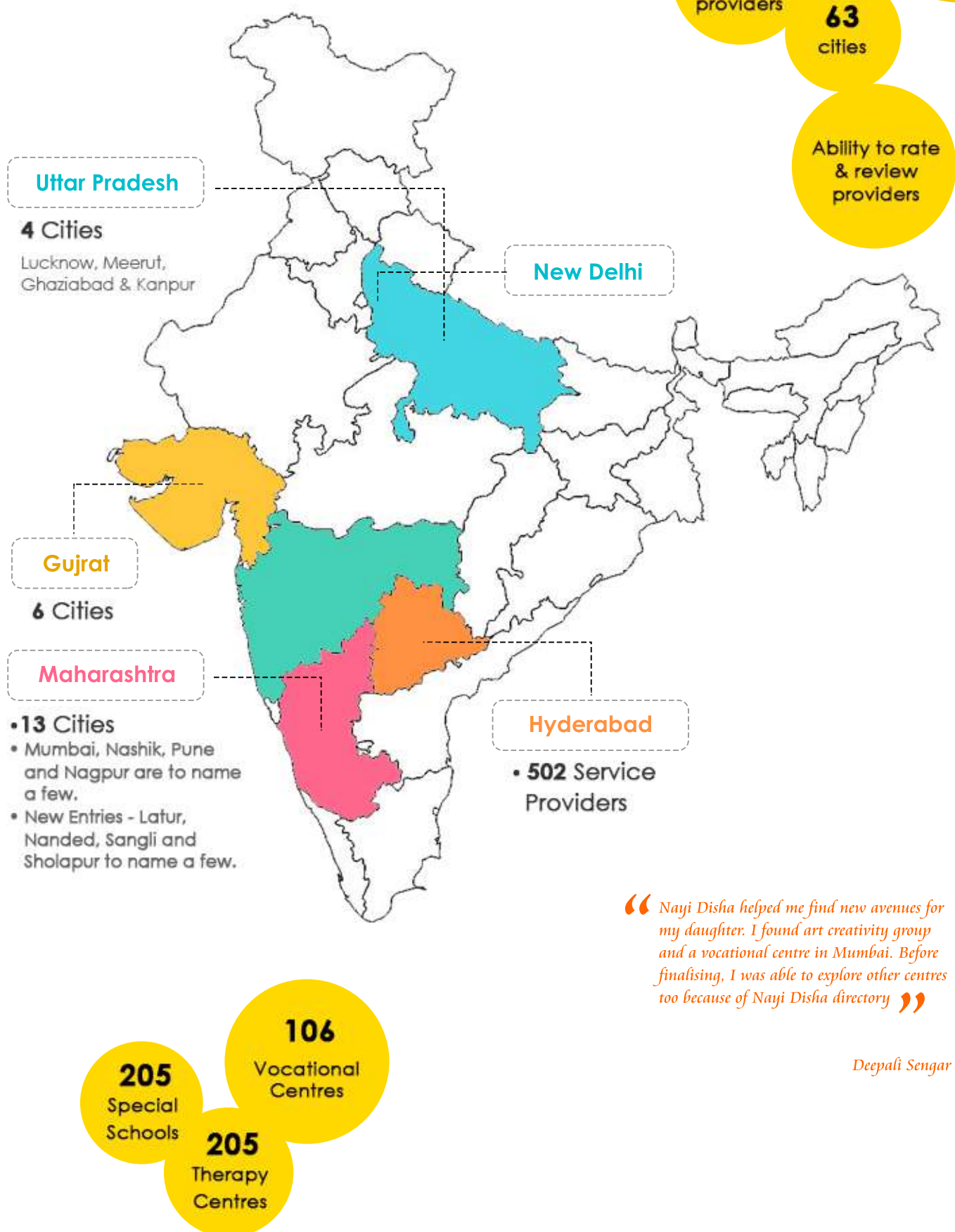
The distribution of our information resources in 2018-2019



“Videos like occupational therapy, especially brushing video, epilepsy videos for maintaining seizures record, nutritional information specially about the probiotics and child development information helped me find solution for my child.”

Aliya Mazhar

National Directory



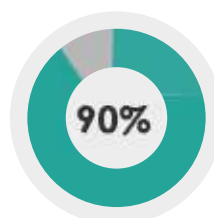
“Nayi Disha helped me find new avenues for my daughter. I found art creativity group and a vocational centre in Mumbai. Before finalising, I was able to explore other centres too because of Nayi Disha directory”

Deepali Sengar

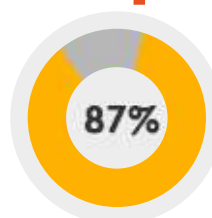
Parent empowerment workshops

Workshops with subject matter experts on relevant topics.

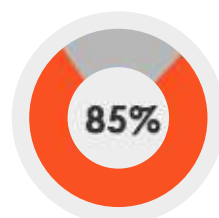
- Financial Planning for future
- Occupation Therapy for daily skills
- Child safety & protection
- Augmentative alternate communication
- Visual challenges in developmental disabilities
- Orthopaedic care for cerebral palsy
- ABA Therapy
- Home based intervention for Autism



found workshops relevant.



found faculty knowledgeable



gained new knowledge

539
participants

14
workshops



“ Workshops on child safety and protection, puberty in girls were very useful for parents. Gardening and soap-making meets are great avenues to connect with other parents. In this world of information overload, ND makes information available in the form of infographics, which are very easy to grasp, particularly the one on Epilepsy ”

Sita Ranga

Building a strong community

Sakhiyaan initiative was started to reduce the feelings of isolation and loneliness amongst family members.

It is about friendship, support and sharing for families, primarily mothers, in the special needs community. This event enables mothers to meet and spend time learning a new skill like soap making, yoga etc., while forging new bonds with others. This gives them a chance to take a breather from the challenges of taking care of their loved ones whilst sharing the ups and downs of their journey.

**1600
attendees**

9

online support
groups for parents to
find mutual support
and exchange their
periences.



“ I attended my first Nayi Disha support group meeting and can't express in words how happy, relieved, inspired, motivated and of course emotional I felt after meeting these SUPER moms and a few dads too! Thank you Nayi Disha, I finally have a group of friends with whom I can share my kids experiences- ”

Parent of 4 year old child
with epilepsy

Abhivyakti- celebrate the difference

Abhivyakti, an informal platform to showcase the talents of our children was a casual suggestion by a parent, Yamini, on one of our support groups. The idea has now become a reality and we have successfully completed two years of our flagship carnival. The event presents a chance for the community to come together and offers a rare opportunity to educators, therapists, doctors, schools, of course, families and all our dear well-wishers to celebrate and embrace the difference.

2

Successful
Abhivyakti Cultural
Events

700+

people
attended the
event

80

Children
showcased
their talent-



Art, Music,
Dance and
Craft



“ I was so inspired by the performances at Abhivyakti. I learnt so many things and at the same time realized how much I have to work hard with my child. ”

Sheebha Chaudhary

Aao Khelein

Text edits: First sentence as is. Second sentence use this. We had an unprecedented turnout of participants from special schools, family members, volunteers and children. The sports meet was conducted in collaboration with Synchrony.



700+
people
attended the
event

120
participants.



If we put our differences aside, we can do great things.

-Diego Luna

Creating awareness through partnerships

We initiated a collaboration with government organizations such as NIEPID to conduct regular information booths at their OPD clinic to help families with their queries. After resolving the queries, we also add families to existing support groups.

In partnership with KIMS Hospitals, we conducted CME for medical professionals to raise awareness about Autism.

Another collaboration was forged with Startup Leadership forum to raise awareness about developmental disabilities and promote inclusion.



“Based on the workshop conducted about Down Syndrome, I was able to get my daughter's hypo-thyroidism diagnosed. By controlling her thyroid, her performance has also improved a lot!”

Shanvaz Khanam

Building a supportive ecosystem for all



Experts



Dr. Ajay Sharma



Dr. Gayatri Moghe



Dr. Lokesh Lingappa



Jo Chopra



Jitendra Solanki



Dr. Nina Piyush Vaidya



Dr. Padma Palvai



Dr. Pranathi Gupta



Dr. Ram Kairam



Robert Bernstein



Snehal Vaidya



Dr. Surekha Ramachandran



Renu Singh



Snigdha Indukuri



R. Naresh



Ms. Shruti Kelkar



Rekha Singhal

Awards and recognition



One of 10 projects selected for Zero Project Impact Transfer from worldwide applications.

Shortlisted for Zero Project award amongst 469 applications worldwide.

Board Members



President

Vivek Subramanian

is the Executive Director of Fourth Partner Energy. Vivek brings his in-depth experience of strategy, operations and management to the Nayi Disha Board.



Member

Jo Chopra McGowan

Executive Director of Latika Roy Foundation. She is also a prolific author, blogger and an advocate for children with disabilities in India and abroad, who struggle to gain acceptance.



Vice-President

Reema Gupta

was the head of Centre for Learning and Management Practice and Corporate Relations at ISB.



Treasurer

Sudarsana

is an Executive Director, Gender at work— a non-profit organization that works on issues of social justice and is passionate about equity for all.



Joint Secretary

Hari Subramanian

is the Head India Operations of Colruyt Group with 18 years of experience in various management functions. He brings technology and management expertise to Nayi Disha.



Member

Kashyap Mody

is a Senior Vice President Treasury at Reliance Industries. He is also a Chartered Accountant and his experience in finance and investments to Nayi Disha Board



General Secretary

Prachi Deo

is the Founder & Executive Director of Nayi Disha Resource Centre. She believes empowering family members is the only sustainable means to enable children with disabilities attain their true potential!

What makes us who we are..

Our Team



Ambika Srinivasan



Babita Bante



James PJ



Jagdish Jalanila



Nidhi Srivastava

Special thanks to Bhuwana Gireesh for your time with us



Student Interns

Rishi Chakravarty

Sanika Gangan

Tania Mallik

Harishna Goka

Dhirin Bharvani

Vashishta Pintu

Venue Partners

Phoenix Arena, Hitec City

Progressive Rehabilitation
Centre, Begumpet

ORO Sports

Video Partners

Jayesh Nandane

Venkat Reddy M

Raasta Studios

Our amazing volunteers

Our go to person
for anything and everything

Sunitha Ponnapu Reddy

Our Event Expert

Smita Kadam

Pune Outreach

Tehnaz Ragi

Technology Guru

Sivakumar Vondivillu

Digital Presence

Subramanian S

Abhivyakti Support

Youth For Seva
Volunteers

Translation

Sallaja Tadimetl

T A Krishnaji Devalkar

Prerana Chouk

Special Thanks to CIE-IIIT for your support

An ode to those who make it all worth it

Parent Champions

Aarti Singh
Annama Marcus
Aparna Srinivasan
Bala K Natesaiyer
Chandrakala
Deepa Desai

E Siva Bharati
Jaya Balaji
Jiji Sunil
Kiruthika Srinivasan
K S Lavanya
Monisha Acharya Padhi

Padmaja Vadavalli
Prashanthi Vankamamidi
Rani Chigurupati
Rashmi Nishtala
Sailaja Nori
Shweta Srivastava

Tehnaz Ragi
Triveni Goswami
Vandana Devireddy
Vidya Krishnakumar
Abhilasha Tiwari
Ruchika Stehi
Sandhya Singh

Translation Champions

Sandhya Singh
Radhika Cheedalla
Nivedita Sriram
Ritu Ojha
Shweta Srivastava

Bangalore Champions

Preeti Dixit
Anitha Shankar
Chitra Paul
Feeji Philip

Mumbai Champions

Jaya Sudhakar
Deepali Sengar
Jasmeet Arora

Pune Champions

Prachi Puranik
Jyotsna



Balance Sheet

Nayi Disha Resource Center

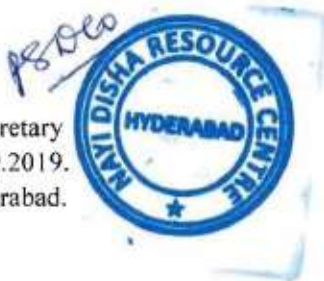
Income and Expenditure Account for the year ended 31st March 2019.

| Expenditure | Amount | Income | Amount |
|--|------------------|----------------------------------|------------------|
| To Program Expenses | | By Donations Received for | |
| <u>Program Activities for Welfare of Children with Intellectual Disabilities and their Families</u> | | - Aao Khelein - Sport Event | 4,55,692 |
| Website & Mobile App Development Expenses | 3,42,140 | - Disability Awareness 5K Run | 2,09,932 |
| Information Resources Creation Expenses | 1,56,200 | - Workshops | 59,783 |
| Aao Khelein - Event Expenses | 1,47,493 | By Other Donations | 14,50,304 |
| Awareness and information Dissemination | 76,851 | By Bank Interest | 41,554 |
| National Directory and Survey Expenses | 75,318 | | |
| Work Shop for Parent Education | 56,839 | | |
| Health Camp Expenses | 53,514 | | |
| Travelling & Conveyance Expenses | 28,350 | | |
| Disability Awareness 5K Run | 8,855 | | |
| Salaries | 7,41,780 | | |
| To Office Rent | 51,750 | | |
| To Accounting Charges | 25,000 | | |
| To Office Maintenance | 14,963 | | |
| To Audit Fee | 11,800 | | |
| To Postage & Courier Charges | 600 | | |
| To Bank Charges | 236 | | |
| To Excess of Income Over Expenditure | 4,25,577 | | |
| | 22,17,265 | | 22,17,265 |

for Nayi Disha Resource Center

As per our report of even date
For Sankar & Raja
Chartered Accountants
FR.No. 006601S

General Secretary
Date : 09.09.2019.
Place: Hyderabad.



J.Raja
Partner
Membership No.200490



You Made it Happen!

Thank you for your generosity. We are thrilled to have your support. Through your donation we have been able to accomplish the activities described in this annual report. Your support is invaluable to us, and we are extremely grateful!

Our supporters



Individuals

- Bhawna Vohra
- Kashyap Mody
- Vivekanand Subramanian
- Ali Parekh
- Ashish Maheshwari
- Ashish Chadha
- Adi Narayan Reddy (Seva Bharat Trust)
- Laxminarasimha reddy
- Mallikarjun Reddy
- Nageshwar Rao
- Prachi Deuskar
- Purushottam rao
- Rachana Dadlani
- Rajendra kumar Srivastava
- Shrikrishna Chikate

Account details for wire transfer

Name of the NGO : Nayi Disha Resource Centre

Account No : 058201000079

Bank Name : ICICI Bank

IFS Code : ICIC0000582

Branch : ISB Branch, Gachibowli

City: Hyderabad

Account Type : Savings Account

Cheque in favour: Nayi Disha Resource Centre

Donations are tax deductible in India under Section 80G of the Income Tax Act

Aligned to the following Sustainable Development Goals



Certified by Charities Aid Foundation



Onboarded with United Way-Hyderabad and United Way-Mumbai



Future Plans

Any amount that you donate will help us continue spreading our roots in small towns, awareness sessions, Parent workshops and translations to make a positive difference.



Nayi Disha is a charitable society with registration no 1319 of 2015 under the Andhra Pradesh Societies Registration Act., 2001. Donations are tax deductible in India under Section 80G of the Income Tax Act.



Call us at

+91 93818 97902

+91 74985 77258



Find us online at

www.nayi-disha.org



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@nayidisharesourcecentre

Feel free to write to us with your suggestions or queries, at contactus@nayi-disha.org